



## **Jost Langhorst**

Jost Langhorst is Professor of Medicine and Attending Physician of Integrative Gastroenterology at the Department of Internal and Integrative Medicine and Kliniken Essen-Mitte, University of Duisburg-Essen in Germany.

In 1994 he obtained the MD at the School of Medicine of Westfaelische-Wilhelms University in Muenster. Afterwards, he served at the Department of Psychosomatic Medicine and Psychotherapy (1994-1996) and with Professor H. Neuhaus at the Department of Internal Medicine, Evangelisches Krankenhaus (1996-2001), University of Düsseldorf.

Between 2001 and 2009 he became visiting fellow at the Department of Internal and Integrative Medicine and at the Department of Gastroenterology and Hepatology, University of Essen, and then Research Fellow at the Mind-Body Institute, Harvard Medical School of Boston (twice and both with Professor H. Benson) and at the Memorial Sloan-Kettering Cancer Center of NYC (with Dr Cassileth).

In 2005 Dr Langhorst served as a Consultant Physician for Internal Medicine and Gastroenterology at the Kliniek Essen-Mitte, University of Duisburg-Essen (with Prof G. Dobos), where from 2011 he is Attending Physician of Integrative Gastroenterology.

In 2008 he obtained a PhD at the Chair of Complementary and Integrative Medicine from the University of Duisburg-Essen, where in 2010 he became Associate Professor. Moreover, he is Member of several German and European associations, such as ECCO, DGVS, DCCV,..., and obtained several awards for his research efforts, in particular The Research Investigator Award from DCCV, four times between 2002 and 2013.

Jost Langhorst is author of more than 100 publications in international peer-reviewed journals.